

Calendar of Events

July 18, 2024

San Diego Yacht Club Happy Hour

San Diego Yacht Club

1011 Anchorage Lane

San Diego, CA 92106

05:30 PM - 07:00 PM PST

Join us on the water at the beautiful San Diego Yacht Club for the best party of the summer, Thursday, July 18th from 5:30 - 7:00 pm! This event is free to members. Non-Members just \$20. Sponsored by Safe & Sound Visitation Monitoring. Parking is free, but only if you register by Tuesday, July 15th! (We need to give your name to the parking attendant.)

July 24, 2024

Psychedelics and Mental Health: An Exploration of Emerging Research and Law Behind Alter

12:00 PM - 01:00 PM PST

Produced by: The San Diego County Bar Association's Wellness Subcommittee and the San Diego Family Law Bar Association

Lawyers are about three times as likely to suffer from depression and are twice as likely as the general population to experience suicidal ideation. New research suggests that legally prescribed and medically managed psychedelics may be a viable alternative to suffering lawyers. In this presentation, Dr. Miguel Alvarez and attorney Michael Cindrich will discuss the legal and medical landscape of psychedelics. At the end of the presentation, attendees will leave with an understanding of what these medicines are and how they might impact their mental well-being.

Register through SDCBA:

<https://www.sdcba.org/?pg=events&evAction=showDetail&eid=285850>

September 20, 2024

SDFLBA Fall 2024 Seminar

DoubleTree by Hilton Hotel San Diego - Mission Valley

7450 Hazard Center Dr

San Diego, CA 92108

12:30 PM - 04:30 PM PST

SDFLBA Fall Seminar & Happy Hour. Information to be announced soon.

October 18, 2024

San Diego Family Law Bar Dinner 2024

PO Box 270661

San Diego, CA 92198

05:30 PM - 09:30 PM PST

SDFLBA Bi-Annual Family Law Dinner. Information to be announced soon.

December 6, 2024

SDFLBA December 2024 Seminar

DoubleTree by Hilton Hotel San Diego - Mission Valley

7450 Hazard Center Dr

San Diego, CA 92108

12:30 PM - 04:30 PM PST

SDFLBA December Seminar & Happy Hour. Information to be announced soon.